

Dearest homeopathic colleagues,

Thank you for your tireless work towards keeping folks out of the hospitals during this pandemic. Thank you thank you thank you.

Since this pandemic began, many of us have been sharing what is working and some of us have talked about finding the Genus Epidemicus. No consensus has arisen that I have heard of, so I humbly offer this insight.

I believe what Hahnemann says in the Organon, that “if the character of the epidemic disease is discovered according to the symptom complex common to all the patients (i.e., the genus epidemicus), this will point to the homeopathically fitting (specific) remedy for the totality of the cases. This remedy almost always helps in those patients who enjoyed tolerably good health before the epidemic, that is, who were not chronically sick...”.

So I believe that the Genus Epidemicus exists. I believe that it exists and that as a profession, we have been in the same ‘state’ as the rest of the world, as confused and anxious and not sorting things out clearly. Homeopathy is so generous to us that we can even give similar remedies with very good results. That is Hahnemann’s blessing for us. But what if we could clearly say there is a Genus Epidemicus?

All along, during this pandemic, I found a certain remedy would work in every case, and when I would mention it to colleagues, I was generally met with....‘well that won’t work’ for the dry cough or the wet cough or the vomiting or whatever. I could not find a good picture of the respiratory symptoms of the remedy that was working in all my cases....cases that included rare symptoms and common symptoms, cases that included severely immunocompromised patients and mild symptoms and post viral symptoms. So I just kept reading materia medica. Then I opened Murphy’s Nature’s Materia Medica. There I read ‘Sudden sensation of suffocation’...in a remedy that I did not know had anything sudden about it. What a shock! One remedy that covered the slow mild onset and the sudden onset of lung infiltration and aveoli destruction! One remedy that covered the myalgia and fatigue and the dry cough and the wet cough. This remedy brought the whole image of the pandemic into view. The whole thing. Not a remedy for this stage and a remedy for that stage. Not regional variations. Not ‘oh we think this will work’. Not giving three different remedies for different aspects of the symptom picture. No. Just one remedy for the whole range, all the different stages: the prodrome, the initial symptoms, the severe developments and the post pandemic stage as well. This is what a Genus Epidemicus looks like....as if one person, as if one process.

So the attached documents include:

- All the symptoms of the pandemic as related to the Genus Epidemicus.
- Treatment Strategies suitable for all population groups and phases of infection including prophylaxis and post viral care.
- Posology Strategies suitable for various populations.

Feel free to ask for clarification.