

## Homeopathic Treatment Strategies

**According to homeopathic principles, select the best Treatment Strategies for your population.**

3 Prophylaxis Protocols to select from: at this moment in the timeline, prophylaxis may be too late for many folks. So if symptoms development, move to an active treatment strategy.

- Gelsemium LM01 one dose daily for 3 weeks, then one dose weekly until epidemic flattens in their area.
- Gelsemium 12c one dose daily for 3 weeks, then one dose weekly until epidemic flattens in their area.
- Gelsemium 30c one dose daily for 10 days, then one dose weekly until epidemic flattens in their area.

*\*For a fuller description of Posology Strategies, refer to attached documents.*

- *RDT is Rapid Dose Technique:*
  - *One dose every 15 or 10 or 3 minutes for a total of 3 doses.*
- *4 Day Plan consists of one dose in any amount of water, made fresh daily.*
  - *Day 1 a spoonful hourly*
  - *Day 2 a spoonful 2 hourly*
  - *Day 3 a spoonful 3 hourly*
  - *Day 4 a spoonful 4 hourly*

3 Treatment Protocols to select from for Mild Symptom Presentations:

- Gelsemium LM01 one dose 4x/day for 10 to 14 days.
  - Evaluate daily during the first few days.
  - Evaluate fully in 10 or 14 days to determine if LM02 is required.
- Gelsemium 30c RDT\*, then one dose 4x/day for 5 days.
  - After any RDT, evaluate within the hour and then proceed to evaluate daily during the first few days.
  - Evaluate fully in 5 days.
  - May require higher potencies in the same manner.
- Gelsemium 200c RDT\*, then one dose 1x/day for 5 days.
  - After any RDT, evaluate within the hour and then proceed to evaluate daily during the first few days.
  - Evaluate fully in 5 days.
  - May require higher potencies in the same manner.

### 3 Treatment Protocols to select from for more Serious Symptom Presentations:

- Make sure the patient has adequate medical supervision and hydration.
- Gelsemium LM01 using a 4 Day Plan\* (see Posology Strategies).
  - Evaluate hourly at first. There should be rapid response in the first 24 hours.
  - Evaluate at least daily after first 24 hours.
- Gelsemium 30c RDT\*, followed by a 4 Day Plan.
  - After any RDT, evaluate at least within the hour.
  - Evaluate hourly in the first 24 hours.
- Gelsemium 200c RDT\*, followed by a 4 Day Plan.
  - After any RDT, evaluate at least within the hour.
  - Evaluate hourly in the first 24 hours.

### 3 Treatment Protocols to select from for Life Threatening Symptom Presentations:

- Make sure the patient has adequate medical supervision and hydration and oxygen.
- Gelsemium LM01 using a 4 Day Plan\* (see Posology Strategies).
  - Evaluate every 30 minutes at first. There should be rapid response in the first 24 hours, usually within the first hour.
  - Evaluate at least 4x daily after the first 24 hours.
- Gelsemium 10M RDT\*, followed by a 4 Day Plan.
  - As wellness develops, go *down in potency* following the same strategy: RDT followed by a 4 Day Plan.
- Gelsemium 50M RDT\*, followed by a 4 Day Plan.
  - As wellness develops, go *down in potency* following the same strategy: RDT followed by a 4 Day Plan.

### 3 Treatment Protocols to select from for Post Viral Presentations and Sequelae:

- For Fatigue:
  - Gelsemium LM01 using a 4 Day Plan\* (see Posology Strategies).
    - Evaluate hourly at first. There should be rapid response in the first 24 hours.
    - Evaluate at least daily after first 24 hours.
- For Myalgias and Neuralgias:
  - Gelsemium LM01 using a 4 Day Plan\* (see Posology Strategies).
    - Evaluate hourly at first. There should be rapid response in the first 24 hours.
    - Evaluate at least daily after first 24 hours.
- For Post SARS/Covid COPD:
  - Vibhuti 12c using a 4 Day Plan\* (see Posology Strategies).
    - Evaluate hourly at first. There should be rapid response in the first 24 hours.
    - Evaluate at least daily after the first 24 hours.
    - If breathing improves with the 4 Day Plan, then follow the 4 Day Plan with one dose 3x/day for 10 to 21 days. One to three weeks may be required to fully heal the scar tissue in the lungs.
    - Higher potencies of Vibhuti may be needed to complete the healing. Hahnemann Labs has the 12c, 30c, 100c, 200c, 1M and 10M.
    - About Vibhuti: Vibhuti as a homeopathic remedy is closely related to Silicea, Kali muriaticum, Thiosinaminum, Carbo vegetabilis and even Kali bichromicum. The genius of Vibhuti is that like Causticum and Hepar sulph, Vibhuti is a complex remedy. It is composed of many other substances that are consumed in a sacramental fire: wood, grains, flowers, water, ghee, fruits, milk, yogurt, prayers, camphor, and as a former fire fighter patient of mine put it: 'all the air, water, animal carbon, petroleum products, every plant and fungi, every insect and bird consumed by the tree. And all that turned to ash'. Pyroclastic ash is the 'everything is in it' remedy. It is 'ashes to ashes'. It is the ultimate destruction of the dream. I have used this remedy with excellent and astonishing results in post wildfire chronic coughs that resemble COPD.

### Hygiea:

- No NSAIDS unless fever goes above 103F (102F is best for immune function).
- No allergy medications like Claritin or Zyrtec: their side effects include making the patient more susceptible to viral infections.
- No coffee.
- No wine.
- Xlear Nasal Spray to prevent secondary infections.
- Vitamin C 1,000 mg, buffered or liposomal.
- Avoid eucalyptus or tea tree oil in any form and any petroleum based scent diffusers (neurotoxin effects).

### Homeopathic Adjuncts (options to consider):

- Thymuline 200c one dose daily
- Cortisone aceticum 6x one dose daily
- Interleukin 2 & 4 4c one dose daily
- Anti Interleukin 1alpha & 1beta 4c