

Homeopathic Posology Strategies

According to homeopathic principles, select a posology strategy based on these considerations:

- The population you are treating.
 - Their ability to follow the protocol.
 - Your ability to monitor and assess their progress.
- The sensitivity of the individual patient.
- How fast you need to assess the progress of the patient(s).
- The availability of the suggested potencies.
- The availability of clean water.

- **RDT is Rapid Dose Technique:**
 - Rapid Dose Technique is uniquely helpful in epidemics. It gives a very fast assessment of the response of any patient, often within minutes, certainly within an hour. See attached article published in the Fall 2000 issue of Simillimum page 66, by Isaac Chan, DC, ND.
 - The Strategy:
 - In mild presentations: One dose every 15 minutes for a total of 3 doses, stop.
 - Wait for an hour.
 - Evaluate for signs of health.
 - Try a higher potency in the same way before abandoning the Genus Epidemicus.
 - In moderate presentations: One dose every 10 minutes for a total of 3 doses, stop.
 - Wait 30 minutes.
 - Evaluate for signs of health.
 - Try a higher potency in the same way before abandoning the Genus Epidemicus.
 - If life is imperiled: One dose every 3 minutes for a total of 3 doses, stop.
 - Wait 10 minutes.
 - Evaluate for signs of health.
 - Try a higher potency in the same way before abandoning the Genus Epidemicus.

- **The 4 Day Plan Technique:**
 - The 4 Day Plan was developed over 25 years ago in response to asthmatic crises in children in my practice. The results were so quick and easy to achieve that I began using this strategy in many other kinds of crises. Eventually I found that this strategy was a superb test of any remedy in any crisis situation.
 - The Strategy:
 - One dose in any amount of water, made fresh daily.
 - The dose can be an LM or a 'C' or an 'x' potency.
 - Day 1 a spoonful hourly
 - Day 2 a spoonful 2 hourly
 - Day 3 a spoonful 3 hourly
 - Day 4 a spoonful 4 hourly

- **Loaves & Fishes Strategy:**
 - This strategy can be used to treat very large numbers of people. You will need a clean source of water, ideally those individual water bottles.
 - The Strategy:
 - One dose into each bottle.
 - Then each individual bottle can then medicate 100 other bottles or be used directly for a whole family.
 - If necessary, those medicated 100 bottles can then each medicate another 100 bottles, ad infinitum.
 - The dose can be an LM or a 'C' or an 'x' potency.

- **Spray Bottle Strategy:**
 - This strategy can be used to treat very large numbers of people. You will need a clean source of water and a set of clean, sterilized spray bottles.
 - Fill your set of spray bottles with distilled or spring water.
 - Label your set with a full range of potencies of Gelsemium.
 - Medicate your set.
 - Treatment consists of a short spray of medicated water onto any mucous membrane surface like the mouth, nose, eye and even transdermal application to the skin. No need to touch the patient.