

Advisory on the Coronavirus

Richard Moskowitz, M. D.

When I first heard of the outbreak, my attention was fixed on the coincidence that it began in Wuhan, near the Chinese bioweapons lab, and the obvious speculation that the virus was manmade, which still hasn't been ruled out. But the Trump Administration's slow, reluctant, and utterly incompetent response to it has created an honest-to-God public health emergency that has quite rightly upstaged the absorbing mystery of where and how it originated.

In particular, the systematic defunding of our public health infrastructure and the inexcusable lack of testing materials that it helped bring about, when combined with the large proportion of people carrying the virus and thus contagious with very mild illness or no symptoms at all, have prevented any accurate measure of the number of people infected, and thus also of the actual death rate, which can be expected to decline once these mild and asymptomatic cases are identified and included in the tally. This radical uncertainty has already eliminated the possibility of containing the outbreak; the best we can do now is to mitigate its spread by slowing it down, lest it overwhelm our clinics and hospitals and available personnel to staff them. What seems virtually certain is that there will be a lot more cases once we begin testing on a wider scale.

The CDC has already publicized the main things we can and should do to protect both ourselves and everybody else, namely, 1) avoiding large crowds, postponing unnecessary travel, and keeping a safe distance from those you're in contact with; 2) washing hands often with soap and water, and wiping off objects and surfaces in common use that you've touched or grasped; 3) remembering not to touch nose, mouth, and face with your hands except when necessary; 4) limiting contact with the elderly and those weakened by chronic diseases as much as possible; and 5) getting tested if you fall sick, covering nose and mouth when you sneeze or cough, and staying home if you test positive: all good, sensible precautions..

In addition, many physicians are recommending high doses of Vitamin C, say 3000 mg. daily for prophylaxis, and even more for the actual illness,

with coughing and shortness of breath, at which point Dr. Brownstein suggests adding Vitamins A, D₃, and iodine as well.

Homeopaths have had and continue to have great success treating epidemic diseases like cholera, yellow fever, measles, influenza, and the like, using a simple method that deserves much wider recognition and use. Once about 20 or 25 cases have been investigated, one remedy will be found to fit around 75% of the cases, and is therefore designated as the basic remedy or *genus epidemicus* of the outbreak. It can then be given out prophylactically to people who are not yet sick, whether in the vicinity or recently exposed, and also to early cases. More advanced illness may call for other remedies.

In the US, too few cases have been seen and treated homeopathically to identify the main remedy; but colleagues in Hong Kong and Taiwan have had the most success with *Gelsemium*, followed by *Bryonia* and *Eupatorium perfoliatum* in advanced cases with their typical indications. For prophylaxis, they therefore recommend

Gelsemium 30C once a week in towns, rural areas, and neighborhoods far from those most seriously affected; and

in neighborhoods or crowded with many cases in the vicinity, *Gelsemium* 30C daily for seven days, and twice a week thereafter, until the

outbreak is over.

The following naturopathic supplements may be helpful in addition to the remedy epidemicus:

***Licorice root extract* (with high Glycyrrhizin, glycyrrhizic acid or glycyrrhizinic acid content); proven to inhibit coronaviral replication.**

***Argentyn-23 colloidal silver* - helps to safely kill bacteria, viruses, fungi and parasites without causing dysbiosis.**

***C-Aspa-Scorb* - high potency buffered vitamin C with magnesium, potassium, selenium and zinc; no sodium or calcium.**

***MyCommunity Host Defense* - powerful, organic, medicinal mushroom complex (made in USA); shown to be so effective that the DOD buys it in large quantities to distribute to armed services personnel stationed overseas in unhygienic regions, e.g., Middle East, Africa, etc.**

Best,

Mitch Fleisher, M.D., D.Ht.