

Genus Epidemicus Homeopathy Project Toronto																
Case #	Homeopath's Name	Patient's City	Date	Patient Age	Male/Female	Location	Symptom	Concomitant	Modality	Etiology	Remedy	Potency	Delivery	Frequency	Outcome	
1	Karen Sullivan	Toronto	Tuesday, February 25, 2020	8	M	Nostril - Bilateral Throat Fever/Heat	Runny - Bilateral Sore - Bilateral 100 F Pain/Right Eye Pain/Right Eye Frequent Dry, paroxysmal Sore - Bilateral	worse standing better after eating			Squilla	30CH	Water	every hour for 24 hours	improved after 36 hours. Runny nose remaining from secondary action	
2	Elen Harthy	Egypt	Wednesday, January 29, 2020			Head Urine Cough Throat		pain in chest worse Anyone coming close			Bryonia & Influenzinum				50% improvement	
3	Elen Harthy	Bahrain	Wednesday, January 29, 2020			Fever/Heat Cough	Low grade	droopy eyes, fatigue sore throat			Celsemumium/ Belladonna				used gel patient had strawberry tongue. Switched to Belladonna. Case resolved	
4	Sadaf Ulde	Mumbal	Friday, March 06, 2020			Cough	Severe dry	itching in my throat	amel warm water, worse at night, worse air conditioned, worse lying down		Rumex	200CH			Follow up remedy changed to lach 200CH	
4	Sadaf Ulde	Mumbal	Saturday, March 07, 2020			Chill Generals Throat Head sensation Generals mind mind sleep Fever/Heat	chilly Left side itchy left/pain heaviness left lump in throat weakness and body ache alone - desires irritated extremely tired feels hot		worse swallowing		Lach	200CH			Following day throat pain better, dry cough better	
5	Katie Kiemeny		Saturday, March 07, 2020	7		Fever/Heat face back stomach Extremities Throat Thirst	38.5C red cheeks Pain, pressing dizzy nausea pressing hip pain sore swallowing, talking increased 24hrs before fever	lethargy restlessness			Belladonna/Eup per	200CH		2 doses 2 hrs apart and once at night	No positive result, switched to Eup perf 200CH. In morning pain nausea fever better. Sore throat present still.	
6	Triona Healy	Italy	Friday, March 06, 2020	teen	M	mind chest cough Generals eyes nose	anxious upper right pain cough weakness puffy, watery runny, right side				Ars	30CH		4 doses, 30 mins apart	following day able to breath easier, chest pain eased, more relaxed, expectoration decreased	
7	Sheetal Tiwari	Toronto	Thursday, March 05, 2020 Sunday, March 08, 2020	21 month	M	Fever/Heat Throat nose Generals	fever with chill sore coryza severe body pain				Squilla kali bich	200CH/1M 200CH			discharge reduced, playful, post nasal discharge sounding sick, worse before sleep, gave Squilla 1M. Remedy changed 3 sneezed green mucus, seems to be improving	
8	Chetan Nagpure		Thursday, March 05, 2020		M	Throat nose Generals	fever with chill sore coryza severe body pain	very thirsty			Eup per	200CH		1 dose	had sound sleep and felt completely well next day	
9	Amy Rozen	New Jersey	Saturday, February 29, 2020 Sunday, March 01, 2020 Monday, March 02, 2020	5 yrs	F	cough Fever/Heat chest mind Generals stool	chesty 101 F, returns every 2 days crackling lungs tired, lethargic only wants fruit and cold water loose		worse at night		ferr phos/phos acid	30CH/200CH			given from chiropractor, held temporarily symptoms returned. Switched remedy following day to phos acid 200CH, 3 doses in 24hrs.	
						mind cough generals	empathetic symptoms returned no longer crave fruit			Sad leaving friend in Costa Rica, really liked Costa Rica	phos acid	200CH		3 doses in 24 hrs	good response. Fell asleep after first dose. Following day, energy back, lungs clear	
						cough Fever/Heat sleep Generals	deep, yellow thick expectoration fever sleeping all day craving fruit juice, appetite low				phos acid	200CH			patient diagnose with flu type A. Next day feeling better, appetite improved, energy improved, craving protein. No change in cough	
10	Amy Rozen	New Jersey	Tuesday, March 03, 2020	49	F	cough cough Respiration mind	really bad chesty/mucus/dry asthma (underlying chronic) worse people looking at me		worse cold coughing up mucus, amel wheezing		Squilla	200CH		every 4 hrs	evening reports doing better, feeling much happier	
11	Ram Sarup Saini	British Columbia	Saturday, February 29, 2020	60	M	Throat voice head nose	sore hoarse headache watery, runny		better out in the open, worse in his truck		allium cepa	200CH		1 dose	slept well, less sneezing and nasal discharge following day, head ache gone, energy returned, by third day totally relieved.	
12	Ram Sarup Saini	British Columbia	Monday, February 24, 2020	25	M	sleep eyes nose sensation	unable, wanting to go out R inflamed, discharging runny, irritating discharge crawling				Euphrasia	200CH		1 dose	within 2 hrs of remedy he started feeling well. Next day no trace of symptoms.	
13	Donna Powers	Calgary	Wednesday, February 26, 2020	5	F	Cough Fever/Heat nose chest Respiration head Throat Generals mind mind mind cough Fever/Heat	dry with phlegm with chills runny/sneezing pressure shortness of breath headache/congestion sore/swollen lymph nodes loss of appetite/body ache/ sweating avoid conflict lethargic can't remember her name ended in vomiting/lots of mucus fever wet				kali bich	30CH		2 doses	fell asleep 4 hrs and felt better, appetite returned, still had low fever. After second dose child recovered.	
14	Marilee Roome		Tuesday, February 25, 2020 Sunday, March 01, 2020	13 month		cough Fever/Heat chill eyes nose Urine Throat	fever Low grade red, running runny/sneezing soaked diapers splinter like pain				drosera	200CH			Resolved. A week later started coughing again. Switched to Squilla 200CH. Patient resolved.	
15	Seraphina Capranos	Salt Spring Island	Monday, February 24, 2020 Wednesday, February 26, 2020	35	F	cough Fever/Heat chill mind cough sensation Generals mind skin Cough	like shards of glass center of chest/painful whole rib cage Low grade/damp skin chills/damp skin exhausted, can't get up rattling, deep phlegm bruise-like pain craves oranges, frozen blueberries, cold water weezy, emotional damp, mild sweating severe			hepar sulph/gels			3 doses within 24 hrs	relieved painful throat/cough. Gave gels and then broke the fever. More energy.		
16	Divya Sakhalkar		Monday, February 24, 2020	1	F	cough Fever/Heat chill mind cough sensation Generals fever/heat	running, deep phlegm running/sneezing streamy itchy severe aching body ache/rheumatic pains fever			eup per	30CH		2 doses 4 hrs apart, 3rd dose next morning	impressive recovery		
17	Divya Sakhalkar		Monday, February 24, 2020	6	F	Cough nose eyes Throat sensation Generals	running/sneezing streamy itchy severe aching body ache/rheumatic pains severe				Squilla/eup per	200CH/1M		alternated every 2 hrs	recovered in 2 days	
18	Divya Sakhalkar		Monday, February 24, 2020		F	Cough nose eyes Throat sensation Generals	running/sneezing streamy itchy severe aching body ache/rheumatic pains severe				Squilla/eup per	200CH		alternated every 2 hrs	recovered in 2 days	
19	Divya Sakhalkar		Monday, February 24, 2020		M	Cough nose eyes Throat sensation Generals	running/sneezing streamy itchy severe aching body ache/rheumatic pains severe				Squilla/eup per	200CH		alternated every 2 hrs	recovered within 5-6 days. Took constitutional medicine to combat residual symptoms.	
20	Jacob Mirman		Sunday, February 23, 2020	90	M	eyes mind	profuse bland clear discharge profuse bland clear discharge tired				Nat mur	30CH		every hour	significantly better within 12 hours. Remedy stopped, well in 2 days.	
21	Jacob Mirman		Sunday, February 23, 2020	55	F	mind nose eyes	tired profuse bland clear discharge profuse bland clear discharge				Nat mur/mux v	30CH/increasing		every hour	discharge significantly better within 6 hours, patient cold chilled, switched to mux v every hour and improved in 10 hrs, increased potency every hour, remarkable improvement after 3 hours.	
22	Petronela Groza	Toronto	Friday, January 31, 2020		M	eyes cough Throat nose Generals Extremities head Vertigo	heavy, lids/pain tickle - larynx - throat pain congestion pain muscles pain, sore, bruised joints pain forehead, extended to vertex headache during		swallowing amel motion aggravates		lach	30CH		3 doses over 24 hrs		
23	Petronela Groza	Toronto	Saturday, February 01, 2020			nose head eyes nose cough head mind mind eyes streaming streaming nose Extremities mind eyes streaming nose Extremities mind eyes streaming nose Extremities	congestion fullness coryza pain, sore, bruised lying aggravates tickling pain forehead, extended to vertex addictitorial irritable, demanding streaming streaming knee pain irritable, demanding streaming streaming knee pain irritable, demanding streaming streaming knee pain irritable, demanding streaming streaming knee pain				phos	30CH		1 dry dose night, for 4 nights	6 days later, flu symptoms gone, lingering discharge.	
24	Joy Buriton	Toronto	Friday, January 31, 2020	1.5	F	Extremities mind eyes streaming nose Extremities	irritable, demanding streaming streaming knee pain		worse when sick		Squilla				case resolved	
25	Joy Buriton	Toronto	Friday, January 31, 2020	4	F	Extremities mind eyes streaming nose Extremities	irritable, demanding streaming streaming knee pain		worse when sick		Squilla				case resolved	
26	Joy Buriton	Toronto	Friday, January 31, 2020		F	Extremities mind eyes streaming nose Extremities	irritable, demanding streaming streaming knee pain		worse when sick		Squilla				case resolved	
27	Joy Buriton	Toronto	Friday, January 31, 2020		F	Extremities mind eyes streaming nose Extremities	irritable, demanding streaming streaming knee pain		worse when sick		Squilla				case resolved	
28	Joy Buriton	Toronto	Friday, January 31, 2020		F	eyes	sore, light sensitive				ars	30CH		every 30 mins for 2 hrs, then every 2hrs for 12 hrs.	case resolved	
29	Joy Buriton	Toronto	Friday, January 31, 2020		F	chest Generals head eyes chest Generals	heavy lungs chills, body aches bad headache sore, light sensitive heavy lungs chills, body aches		worse with movement		Bryonia/ars				needed ars as second prescription. Case was resolved	
30	Petronela Groza	Toronto	Thursday, January 30, 2020			Cough throat Fever/Heat eyes face Extremities Fever/Heat	barking/katarhal sore low grade glassy red cold hands low grade				acon/ant t	30CH	water	2 days	gave acon, 2 days later changed to rattling cough, nose congestion, gave ant t, water dose. All back to normal.	
31	Petronela Groza	Toronto	Thursday, January 30, 2020			Throat Generals back	tickling muscle pain pain		better drinking water		acon	30CH	dry	2 doses	symptoms resolved	
32	Petronela Groza	Toronto	Friday, January 31, 2020			Throat Fever/Heat nose head cough taste Generals Abdomen Throat head Generals	tickling low grade congestion/burning nostrils pain forehead/sinus chronic/hacking bitter no thirst liver/heavy pain/dizziness heaviness bone pain				sep/ars/hep	30CH/30CH/200CH	water		sensation in liver was relieved, but rest of sx not improved. Gave ars 30CH. Fu croupy cough, dryness in lungs, switched to hep. Improved but patient still weak.	
33	Zahra Saghi		Wednesday, January 29, 2020			head Generals Fever/Heat Throat	pressing pain above eyes body pain, thirsty coryza/smoker				merc s	200CH	water		case resolved following day	
34	Ami Vasani Panjabi		Wednesday, January 29, 2020	7	F	Fever/Heat Throat head Extremities Generals	100 F sore pain legs restless poor appetite/energy, thirst for large quantities		better cold, compression and pressure		Bryonia	1M			responded well in the morning no headache. Fever 99 F, mood better. General condition improved.	
35	Elen Harthy	Lebanon	Wednesday, January 29, 2020			head Generals cough	pressing pain above eyes body pain, thirsty coryza/smoker				eup per/ars				used eup, made things worse. Switched to ars, headache gone, pain improved, patient returned to work.	

Sympton/Location List				
Abdomen				
Back				
Chest				
Chill				
Cough				
Expectoration				
Extremeties				
Eyes				
Face				
Fever/Heat				
Generals				
Head				
Hearing				
Heart/Circulation				
Kidney				
Larynx & Trachea				
Mind				
Mouth				
Neck				
Nose				
Rectum				
Respiration				
Sensation				
Skin				
Sleep				
Smell				
Speech/Voice				
Stomach				
Stool				
Taste				
Teeth				
Thirst				
Throat				
Urethra				
Urine				
Vertigo				
Vision				
Voice				